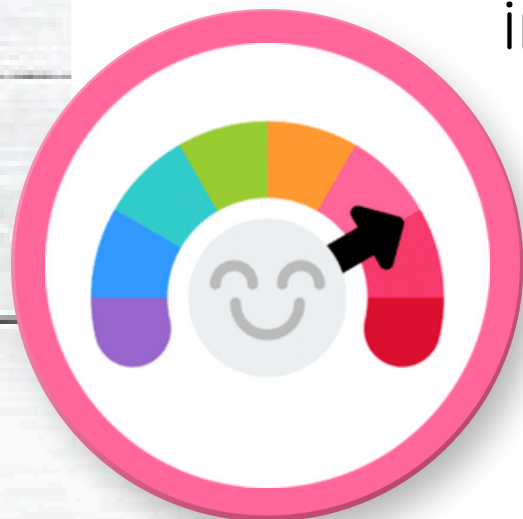


# FRIENDSHIP SOCIAL STORIES MINI BUNDLE

This mini bundle includes social stories designed to support children with **feeling left out and navigating social changes**.

Each story focuses on moments when friendships shift, children feel excluded, or social situations feel confusing — and provides reassurance and strategies to help children understand what's happening and what they can do next.

Stories can be used together or individually based on children's needs.



**KEEP SCROLLING TO TAKE A CLOSER  
LOOK AT WHAT'S INSIDE THIS RESOURCE!**

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# WHAT'S INCLUDED IN THIS MINI BUNDLE



- 4 Friendship Social Stories
- Clear, child-friendly language
- Real-life social situations
- Story-specific adult guidance notes
- Printable and reusable format
- Simplified PreK-K versions included

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Easy to use across school, home, and counseling settings

# HELPS CHILDREN WHEN....

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They feel left out during play or group activities



Friendships start to change



Social situations feel confusing or uncertain



Children worry they did something wrong



Confidence feels shaken in peer relationships

All Settings Version  
(for school, homeschool, and home use)

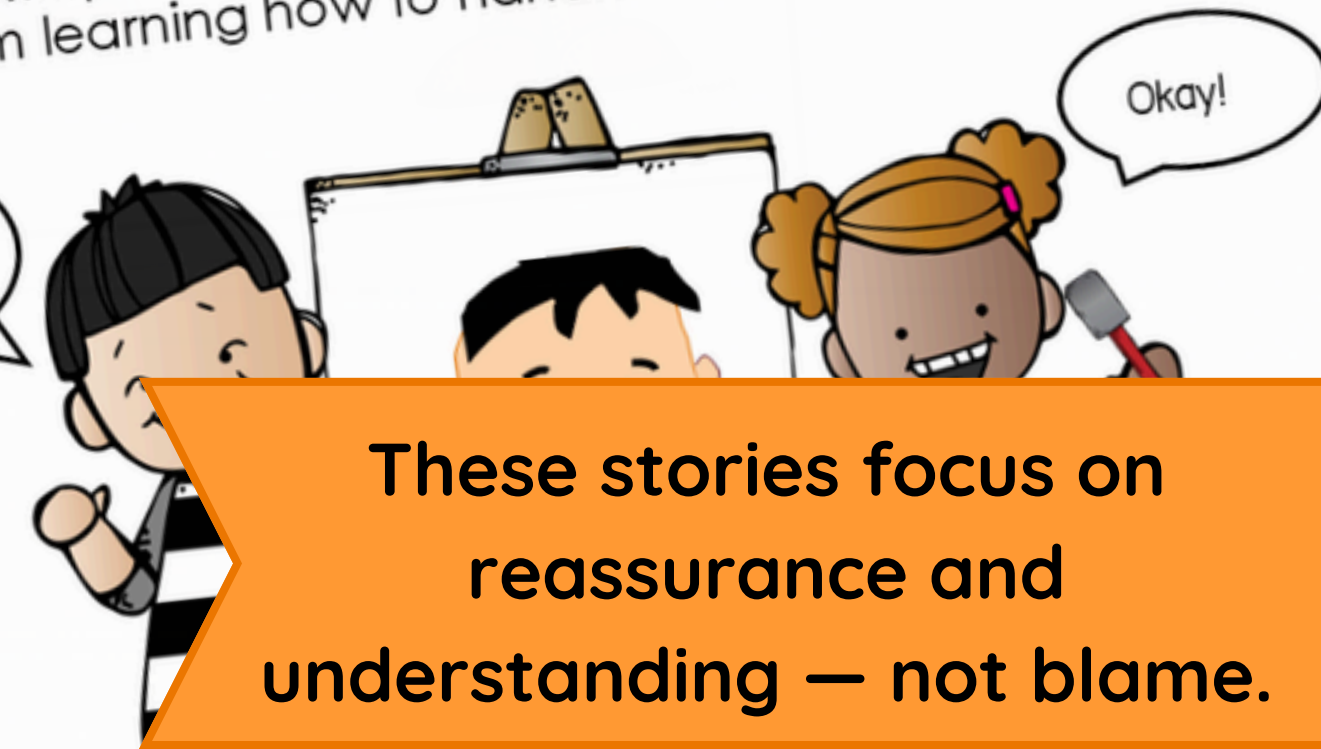
Sometimes I feel left out. This can happen when others are playing together and I am not included. It can also happen when plans change or when I am not chosen.



All Settings Version  
(for school, homeschool, and home use)

Feeling left out feels hard. I can be kind to myself when I feel this way. I can keep trying and remember that feelings change. I am learning how to handle hard moments.

Do you want to paint with me?



These stories focus on reassurance and understanding — not blame.

# WAYS TO USE THESE STORIES

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Read aloud during  
calm moments

Support SEL lessons or  
counseling sessions

Use proactively before  
common challenges

Share with families  
for home use

Revisit when  
situations repeat

All Settings Version  
(for school, homeschool, and home use)

Sometimes friendships change. A friend I used to play  
with might play with someone else. A friendship might  
feel different than it did before.



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# A CLOSER LOOK AT WHAT'S INCLUDED

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Each story uses simple sentences, reassuring language, and relatable situations to help children understand that feeling left out or experiencing change is a normal part of friendships.

All Settings Version  
(for school, homeschool, and home use)

Sometimes a friend is mad at me. They might use a loud voice, make a face, or stop talking. This can happen at school, at home, or when we are playing.



All Settings Version  
(for school, homeschool, and home use)

When my friend is mad, I can use calm words. I might say, "I see that you're mad." I might say, "I'm sorry." I can ask, "Do you need some space?" Using calm words shows I care.



- Story-specific adult guidance pages are included with each social story to explain:
- when to introduce the story
  - what skill it supports
  - how to reassure and support children through social changes

## Story-Specific Adult Notes

When a Friend Is Mad At Me  
Friendship SEL Kit

These notes are designed to support adults in using the story **When a Friend Is Mad At Me** to be read by adults only and are not read aloud to children.

### Purpose of This Story

...what it means when a friend is upset with th...  
...nt mind-reading or self-blame, and support...

...way or acting upset  
... "over" because someone is mad  
...le another person calms down  
...apologizing, or distress after conflict...

...a conflict, once emotions have beg...  
...ring way. Avoid using it to pressure c...  
...ppen when a friend feels mad."  
...hat to do while someone is upset."  
...what ideas it gives us."

# DESIGNED TO MEET DIFFERENT NEEDS

## CHOOSE WHAT FITS YOUR CHILD, SETTING & GOALS

### Clear guidance for flexible use in any setting

These social stories include **adult-facing guidance** to help you use them confidently in different environments.

You'll find **story-specific notes** that explain:

- when to introduce each story
- how to read it (proactively vs. reactively)
- what skill the story is building
- how to support follow-up conversations

**These notes are written to be supportive—not prescriptive.**

### School & Classroom Use

- Read aloud during morning meeting, SEL time, or small groups
- Use before predictable problem times (recess, centers, group work)
- Revisit as a neutral support—not a consequence

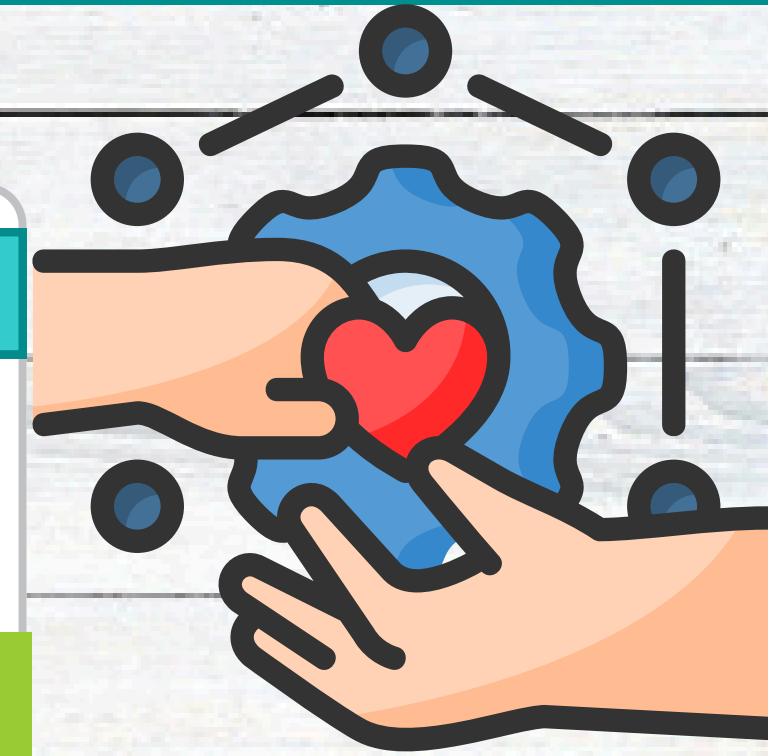
### Home & Homeschool Use

- Read together during calm moments
- Use the language from the story to support real-life situations
- Re-read as often as needed to build understanding over time

### Counseling & Therapeutic Settings

- Use as a conversation starter or reflection tool
- Pair with regulation strategies or role-play
- Support repair and emotional processing without shame

You do NOT need to use every note or page.



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### BONUS

**Standard versions for elementary-age children & simplified PreK-K versions are both included. Adults can choose the version that best fits the child's developmental level.**

# SUPPORT FRIENDSHIP SKILLS WITH CONFIDENCE

## Part of a Growing Friendship SEL Collection

This mini bundle is part of a larger **Friendship SEL system** designed to support common social challenges through understanding, repair, and connection.

Stories can be used on their own or combined with other bundles for deeper skill-building.

**FRIENDSHIP REPAIR MINI BUNDLE**  
Friendship Social Stories for Apologies & Repair  
4 includes social stories

**COOPERATION & FLEXIBILITY MINI BUNDLE**  
Friendship Social Stories for Exclusion & Change  
3 includes social stories

**FEELING LEFT OUT MINI BUNDLE**  
Friendship Social Stories for Exclusion & Change  
4 includes social stories

**BIG FEELINGS & REACTIONS MINI BUNDLE**  
Friendship Social Stories for Managing Big Emotions  
3 includes social stories

**FRIENDSHIP SEL KIT**  
Social Stories + SEL Tools for Building & Repairing Friendships  
includes 13 social stories + SEL toolkit

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# ABOUT ONE GIGGLE AT A TIME



Diane Romo, creator of One Giggle At A Time, is a veteran first-grade teacher, children's book author, and professional development presenter. Since 2014, her resources have helped teachers and students worldwide create fun, positive classroom communities.



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*one giggle at a time is a passionate supporter of:*

- ♥ Helping teachers create classroom communities that foster positive relationships.
- ♥ Helping students unlock their potential for greatness.
- ♥ Helping parents provide support for young learners to set them up for success.
- ♥ Making learning FUN!

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social emotional learning



classroom community



parent/family connection



classroom management



teaching ideas



seasonal activities