

# FRIENDSHIP SOCIAL STORIES

## MINI BUNDLE

oneGiggle at a time

This mini bundle includes social stories designed to support children with **friendship repair**.

Each story focuses on real-life friendship situations and teaches calm, respectful ways to understand feelings, communicate, and move forward.

Use the stories together or individually based on student needs.

**KEEP SCROLLING TO TAKE A CLOSER  
LOOK AT WHAT'S INSIDE THIS RESOURCE!**



### FRIENDSHIP REPAIR MINI BUNDLE

Friendship Social Stories  
for Apologies & Repair

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When I Hurt a  
Friend's Feelings  
(A Friendship Social Story)

When We Want to Be  
Friends Again  
(A Friendship Social Story)

When I Get Mad and Say  
Something I Regret  
(A Friendship Social Story)

When Someone Says Something  
That Hurts My Feelings  
(A Friendship Social Story)

**4** includes  
social  
stories

# WHAT'S INCLUDED IN THIS MINI BUNDLE



- 4 Friendship Social Stories
- Clear, child-friendly language
- Real-life social situations
- Story-specific adult guidance notes
- Printable and reusable format
- Simplified PreK-K versions included

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Easy to use across school, home, and counseling settings

# HELPS CHILDREN WHEN....

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Feelings get hurt  
between friends



A mistake needs  
repair



Apologies feel  
hard or confusing



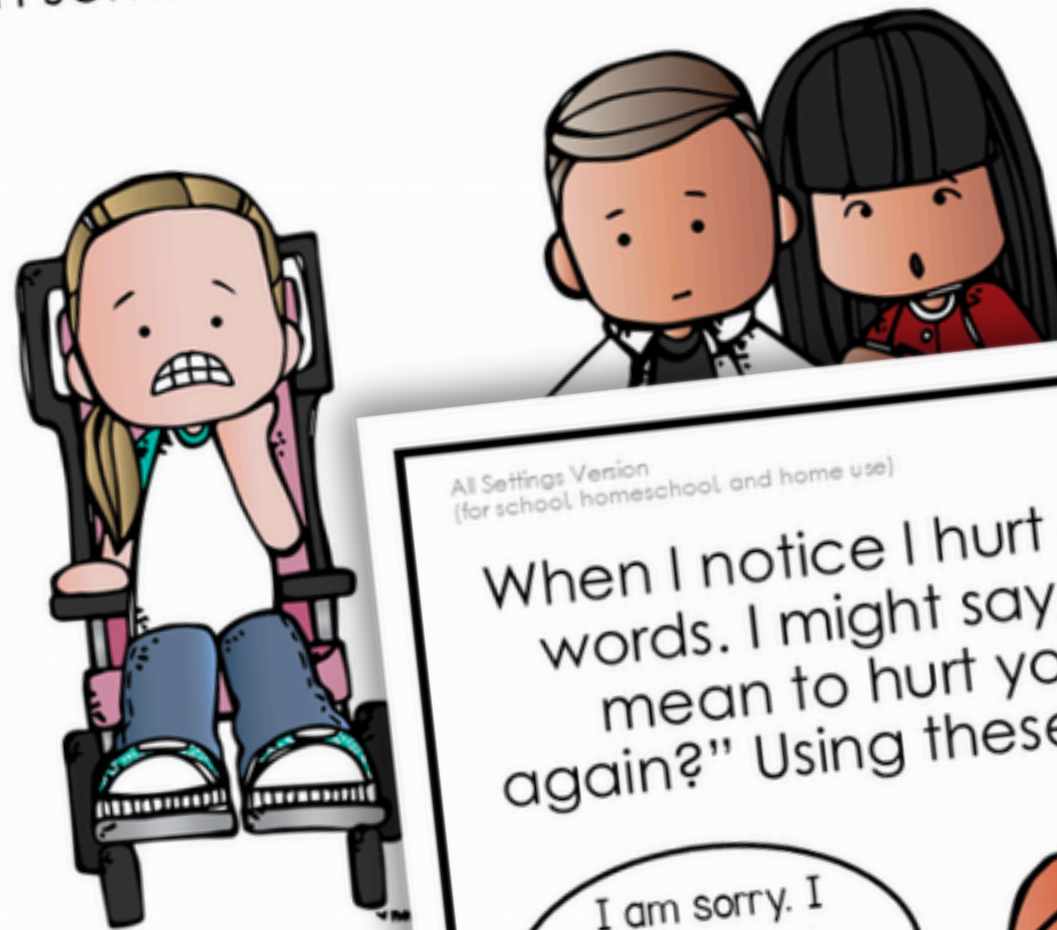
Children want to fix  
a friendship



Conflicts don't feel  
resolved

All Settings Version  
(for school, homeschool, and home use)

Sometimes people make mistakes. Hurting someone's feelings does not mean I am a bad person. But it does mean someone got hurt, and that matters.



All Settings Version  
(for school, homeschool, and home use)

When I notice I hurt a friend's feelings, I can use honest words. I might say, "I am sorry." I might say, "I didn't mean to hurt your feelings." I can ask, "Can I try again?" Using these words helps my friend know I care.

I am sorry. I didn't mean to hurt your feelings.



These stories focus on repair and reconnection — not blame or punishment.

# WAYS TO USE THESE STORIES

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Read aloud during  
calm moments

Support SEL lessons or  
counseling sessions

Use proactively before  
common challenges

Share with families  
for home use

Revisit when  
situations repeat

All Settings Version  
(for school, homeschool, and home use)

Words can hurt, but words can also help. I can speak  
up when something hurts my feelings. I can keep  
being kind to myself and to others. I am learning how  
to fix friendships.



# A CLOSER LOOK AT WHAT'S INCLUDED

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Each story uses simple sentences, reassuring language, and realistic situations children recognize.

Simplified Version  
(for school, homeschool, and home use)

Everyone gets mad sometimes. Being mad does not make me bad. I can say, "I was mad." "That wasn't okay." "Can I try again?"

I am sorry I said unkind words to you. Can I try again?



All Settings Version  
(for school, homeschool, and home use)

Making a mistake does not mean I am a bad friend. Mistakes help me learn what to do next time. I am learning how to handle big feelings and use kind words.



## Story-Specific Adult Notes

When I Get Mad and Say Something I Regret  
Friendship SEL Kit

These notes are designed to support adults in using the story **When I Get Mad and Say Something I Regret** and are not read aloud to children.

Feelings can sometimes lead to im...  
without excusing hurtful behavior

or frustrated language of their words taking during strong emotions

have settled, not in the hea...

Avoid presenting it as a c...

en feelings get really big, "I'm calm down."

makes us think about."

Story-specific adult guidance pages are included with each social story to explain:

- when to introduce the story
- what skill it supports
- how to use it across different settings

# DESIGNED TO MEET DIFFERENT NEEDS

## CHOOSE WHAT FITS YOUR CHILD, SETTING & GOALS

### Clear guidance for flexible use in any setting

These social stories include **adult-facing guidance** to help you use them confidently in different environments.

You'll find **story-specific notes** that explain:

- when to introduce each story
- how to read it (proactively vs. reactively)
- what skill the story is building
- how to support follow-up conversations

**These notes are written to be supportive—not prescriptive.**

### School & Classroom Use

- Read aloud during morning meeting, SEL time, or small groups
- Use before predictable problem times (recess, centers, group work)
- Revisit as a neutral support—not a consequence

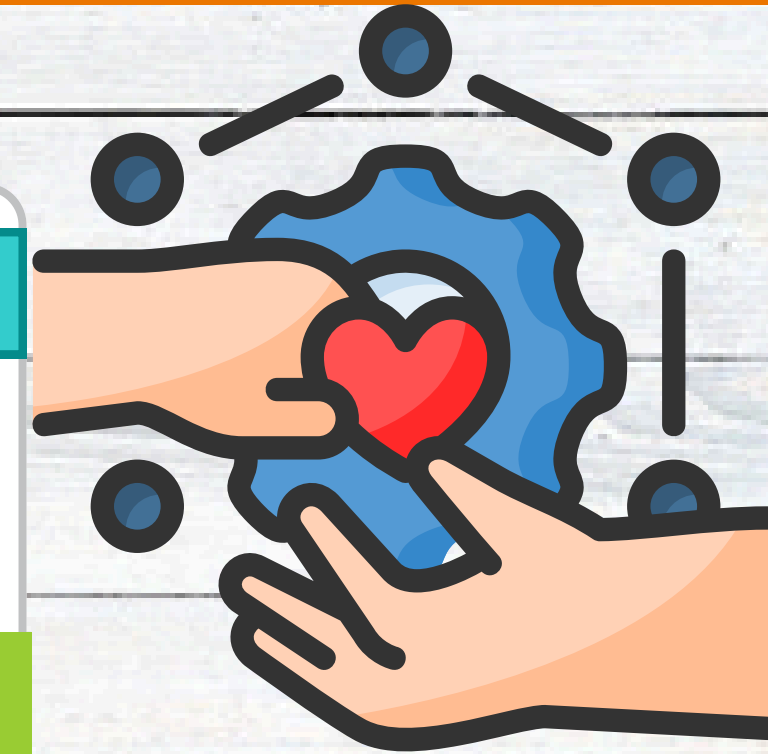
### Home & Homeschool Use

- Read together during calm moments
- Use the language from the story to support real-life situations
- Re-read as often as needed to build understanding over time

### Counseling & Therapeutic Settings

- Use as a conversation starter or reflection tool
- Pair with regulation strategies or role-play
- Support repair and emotional processing without shame

You do NOT need to use every note or page.



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### BONUS

**Standard versions for elementary-age children & simplified PreK-K versions are both included. Adults can choose the version that best fits the child's developmental level.**

# SUPPORT FRIENDSHIP SKILLS WITH CONFIDENCE

## Part of a Growing Friendship SEL Collection

This mini bundle is part of a larger **Friendship SEL system** designed to support common social challenges through understanding, repair, and connection.

Stories can be used on their own or combined with other bundles for deeper skill-building.

**FRIENDSHIP SEL KIT**  
Social Stories + SEL Tools for Building & Repairing Friendships

includes **13** social stories + SEL toolkit

**FRIENDSHIP REPAIR MINI BUNDLE**  
Friendship Social Stories for Apologies & Repair  
3 includes social stories

**COOPERATION & FLEXIBILITY MINI BUNDLE**  
Friendship Social Stories for Exclusion & Change  
3 includes social stories

**FEELING LEFT OUT MINI BUNDLE**  
Friendship Social Stories for Exclusion & Change  
4 includes social stories

**BIG FEELINGS & REACTIONS MINI BUNDLE**  
Friendship Social Stories for Managing Big Emotions  
3 includes social stories

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# ABOUT ONE GIGGLE AT A TIME



Diane Romo, creator of One Giggle At A Time, is a veteran first-grade teacher, children's book author, and professional development presenter. Since 2014, her resources have helped teachers and students worldwide create fun, positive classroom communities.



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*one giggle at a time is a passionate supporter of:*

- ♥ Helping teachers create classroom communities that foster positive relationships.
- ♥ Helping students unlock their potential for greatness.
- ♥ Helping parents provide support for young learners to set them up for success.
- ♥ Making learning FUN!

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social emotional learning



classroom community



parent/family connection



classroom management



teaching ideas



seasonal activities